

# RIVIÈRE MATANE TRAIL



**Trail length:** 6 km (3.7 miles)

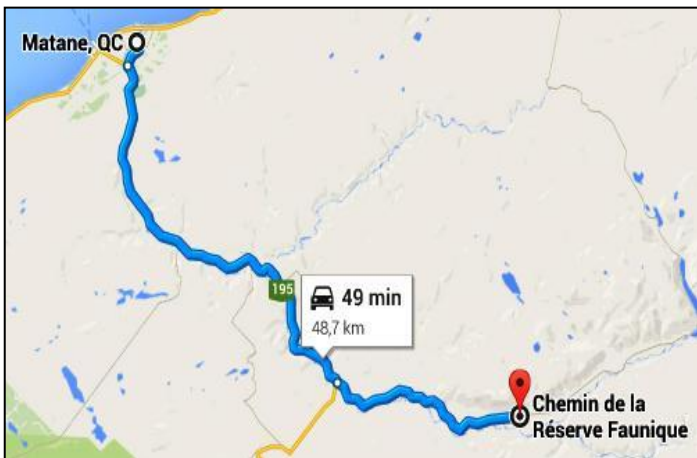
**Trail type:** Round trip

**Trail level:** Easy

**Starting point:** From the Parking at the junction of Highway 195 and road 1 of Matane Wildlife Reserve.

## HIKING DESCRIPTION

During your hike on the IAT along the river you can see falls, ponds, stream, beaver dam, bridges, and several salmon pools including the «Grand Tamagodi», «La Fumeuse» and «Cap Seize». At about 1 km after the pool «Grand Tamagodi», you will discover the ruins of an old saw mill that belonged to Jean-Baptiste Gagnon. Continuing your journey you will see probably some fishermen in «La Fumeuse» pool or in the «Cap Seize» pool, part of the river which was a difficult passage at the time for canoes because of the strong fall and turn of the river. It often happened that the canoes capsized, hence from the English word to describe this place to «Cap Seize». With time, this term was distorted to become «Cap Seize». You will finish your hike through the John Post reception on Route 1 and from that point, marks of the official entry into the Matane wildlife reserve. The return is made by car or on foot, by turning back on your steps.

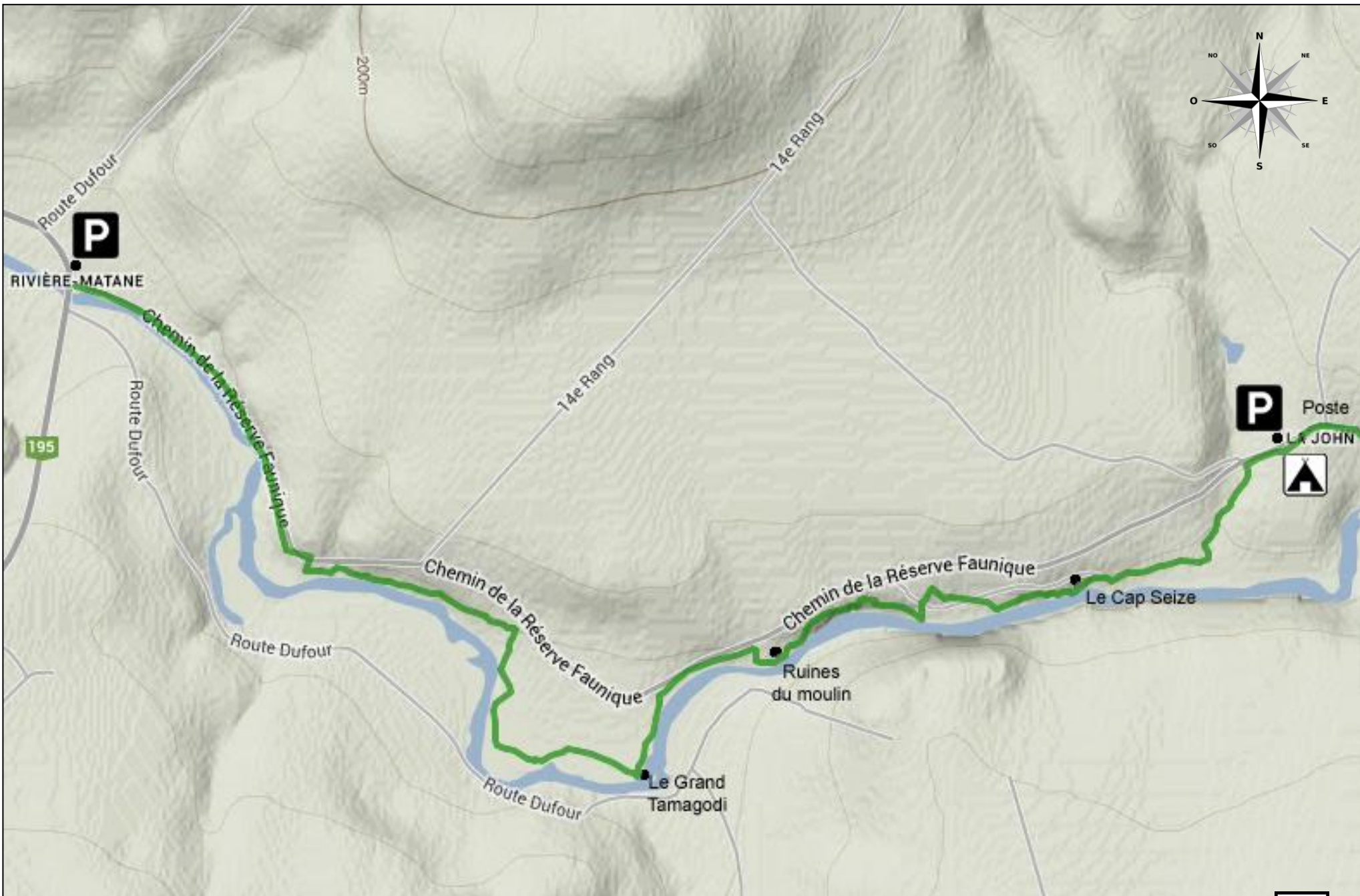


## LOCATION

From Matane, take Highway 195 for about 38 km. After the village of St-René, turn to your left on the side road that leads to the Matane Wildlife Reserve. Parking is on your right.

**International Appalachians Trail – Québec**  
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**RIVIÈRE MATANE TRAIL**

**LEGEND**

SIA-IAT PARKING

ROAD CAMPING

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